



# St. Augustine's Church Limerick 24th July 2022

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## 17th Sunday in Ordinary Time

### Mass Times

Monday-Friday

7.30am, 8.30am,

10.15am, & 4pm

SATURDAY

8.30am, 10.15am

SUNDAY

9.00am, 11.15am

& 7.30pm

CONFESSIONS

MONDAY & FRIDAY

10.45am-12 Noon

3.00pm-4.00pm

SATURDAY

10.45am-12noon

2.30pm-4pm



### St. Augustine's Church

Child Safeguarding  
Representatives.

Fr. Flor O'Callaghan osa

Fr. John Lyng osa

Ms Geraldine van Dam

Mr. Robert Ryan

Ms Charlotte Gleeson

Ms Mary Deegan.



## World Day for Grandparents & the Elderly



Bishop Nulty said, "Grandparents and the elderly need to know they are valued and cherished by us – in our families, in our parishes and by the wider society. The World Day for Grandparents and the Elderly offers us a new opportunity to celebrate them and to let them know how much they mean to us. We need them. They have much to offer us and we have much to learn from them.

"Pope Francis' message for this year's World Day for Grandparents and the Elderly very much makes this point. He encourages the elderly to persevere in hope, to embrace the power they have to transform the world through prayer and a revolution of tenderness.

"The theme chosen by Pope Francis for this year's celebration is from the Psalms 'In old age they still bring forth fruit' (Ps 92:14). Pope Francis says that old age is no time to give up and lower the sails, but a season of enduring fruitfulness in which a new mission awaits us."

source: brief excerpt from [www.catholicnews.ie](http://www.catholicnews.ie)

### Prayer for Grandparents

Lord Jesus, you were born of the Virgin Mary,  
the daughter of Saints Joachim and Anne.

Look with love on grandparents the world over.

Protect them! They are a source of enrichment for families,  
for the Church and for all of society.

Support them! As they grow older, may they continue to be for their families  
strong pillars of Gospel faith, guardians of noble domestic ideals,  
living treasuries of sound religious traditions.

Make them teachers of wisdom and courage, that they may pass  
on to future generations the fruits  
of their mature human and spiritual experience.

Lord Jesus, help families and society to value the presence and role of grandparents.  
May they never be ignored or excluded, but always encounter respect and love.  
Help them to live serenely and to feel welcomed in all the years of life  
which you give them.

Mary, Mother of all the living, keep grandparents constantly in your care,  
accompany them on their earthly pilgrimage, and by your prayers,  
grant that all families may one day be reunited in our heavenly homeland,  
where you await all humanity  
for the great embrace of life without end. Amen!

Written by Pope Emeritus Benedict XVI in 2008 for Catholic Grandparents



**Coffee Morning**  
**Sunday 24th July**  
**Grandparents & the Elderly**  
 following the 11.15am Mass  
**Join us as we celebrate!**  
**& Tuesday 26th July**  
 following the 10.15am Mass

*Upcoming Feast Days* 

Monday 25th July –  
 The Feast of St. James the Apostle, who was put to death by Herod Agrippa, the first Apostle to die for Christ.  
 Tuesday 26th July–  
 Feasts of Ss Joachim and Anne, parents of the Blessed Virgin Mary.  
 Friday 29th July—  
 Feasts of Ss Martha, Mary & Lazarus who welcomed Jesus as a family friend.

**Season of Creation**

The Season of Creation is marked throughout the Christian world from 1 September to 4 October (Feast of Saint Francis of Assisi) and celebrates the joy of creation as well as encouraging awareness-raising initiatives to protect the natural environment. It has a special significance for the Catholic Church, particularly since Pope Francis established 1 September as an annual World Day of Prayer for the Care of Creation. Resources on this year's theme 'Listen to the Voice of Creation' are available on [www.catholicbishops.ie](http://www.catholicbishops.ie).



**Slow me Down, Lord**

Slow me down, Lord!  
 Ease the pounding of my heart by the quieting of my mind.  
 Steady my hurried pace with a vision of the eternal reach of time.  
 Give me, amid the confusion of my days,  
 the calmness of the everlasting hills.  
 Break the tensions of my nerves and muscles with the soothing music of singing streams that live in my memory.  
 Help me to know the restoring power of sleep.  
**Teach me the art of taking 'minute vacation'...**  
 slowing down to look at a flower to chat with a friend,  
 To read a few lines from a good book.

**Culture Night 2022**



Limerick Culture Night 2022 will take place this year on Friday 23rd September with venues and public spaces across Limerick opening their doors to host a programme of free late-night entertainment as part of an all-island celebration of arts, heritage and culture. Culture Night is always great fun and offers the perfect opportunity for us as a region to showcase the wealth of culture that Limerick has to offer.  
[www.culturenight.ie](http://www.culturenight.ie)

Remind me each day that there is more to life than increasing its speed.  
 Let me look up at the branches of the towering oak and know that it grew strong and tall because it grew slowly and well.  
 Slow me down, Lord.  
 and inspire me to send my roots down into the soil of life's enduring values that I may grow toward the stars of my greater destiny.  
 Slow me down, Lord. Slow me down.  
 By Wilfred A. Peterson