

The Transfiguration



Mass Times

Monday -Friday

7.30am, 8.30am,
10.15am, & 4pm

SATURDAY

8.30am, 10.15am
3.00pm

(Mass for the Sick)

SUNDAY

9.00am, 11.15am
& 7.30pm

CONFESSIONS

MONDAY & FRIDAY

10.45am-12 Noon
3.00pm-4.00pm

SATURDAY

10.45am-12noon
2.30pm-4pm



St. Augustine's Church Child Safeguarding Representatives.

Fr. Noel Hession OSA
Fr. Flor O'Gallaghan OSA
Geraldine van Dam
Mr. Robert Ryan
Ms Charlotte Gleeson
Ms Mary Deegan.



St. Augustine's Church Limerick

2nd Sunday in Lent

website: www.augustinianslimerick.com

email: info@augustinianslimerick.com

8th March 2020

Guidance on Containment & Protection from the Coronavirus

The following guidelines are offered to clergy and congregations in order to contain the spread of the Coronavirus and to protect parishioners throughout the Catholic Church in Ireland. These guidelines will be kept under review and informed by the latest updates from the health authorities, North and South:

The celebration of Mass and Church liturgies

- Those with virus symptoms are dispensed from the Sunday obligation to attend Mass.
 - Only the Celebrant should drink from the Chalice. For the time being the Chalice should not be shared with Concelebrants, Ministers of the Eucharist, or members of the congregation.
 - Holy Communion should be received into the hand and not onto the tongue.
 - For Ministers of the Eucharist, hand hygiene and respiratory hygiene can reduce the spread of infections. This means thoroughly washing and sanitising your hands with disinfectant gel before and after distributing Holy Communion.
- The exchange of the Sign of Peace should be suspended as a precaution.
- To avoid facilitating the spread of infection, the use of Holy Water fonts should be suspended.

Church life in general

- All hard surfaces that are frequently touched, such as door handles, hand rails, taps, should be frequently cleaned with antiseptic.
- When you cough, or sneeze, cover your mouth and nose with a tissue or with the bend in your elbow.
- Avoid touching your eyes, nose and mouth—if you touch your eyes, nose or mouth with your contaminated hands, you can transfer the virus from the surface to yourself. Source: (short extract) www.limerickdiocese.org/ newsletter

For more information and guidelines go to www.HPSC.ie

Lectio Divina

Our Lenten Lectio Divina has taken off to a great start. Many familiar faces from both churches have come back with a few new ones. If you would like to come and join us as we meditate on the Word of God join us this Monday 9th March and each following Monday in St. Michaels Church, Pery Square at 7.30pm. It's just one hour of quiet reflection led by Fr. Noel Hession OSA. All are welcome!

WHENEVER YOU DO NOT UNDERSTAND
WHAT'S HAPPENING IN YOUR LIFE
JUST CLOSE YOUR EYES,
TAKE A DEEP BREATH AND SAY
"GOD, I KNOW IT'S YOUR PLAN
JUST HELP ME THROUGH IT."

~ ALBERTO CASING



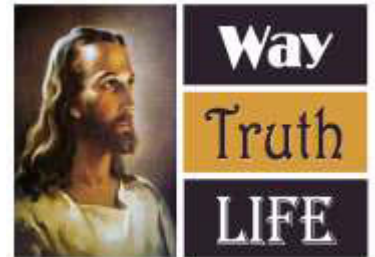
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Thought for the Day

Every so often, we catch a glimpse of the "something more" that God has in store for us. These fleeting experiences are to be treasured: the birth of my first child, falling in love, a sense of "being held" by God's presence. Such experiences may help us approach the Transfiguration. Like all transcendent experiences, it is fleeting and yet it etches a memory and leaves a longing. What should we do? Practice listening to him. Be not afraid. We cannot always be "on the mountain" and yet what happens on the heights can help us on the lowlands of the everyday.

Prayer

Lord, listening sounds so easy and yet is such hard work! Guide us as we listen to your Son, whose word is alive, who is himself the way, the truth and the life.



Source: www.tarsus.ie

Cork Autism Conference 2020

Cork Autism Conference 2020 - Autism: Beyond Behaviours. Sunday October 11th, Clayton Silver-springs Hotel, Cork. This conference offers interventions, skills and strategies to support autistic people with behaviours of concern. Suitable for Parents, Families, Caregivers, Autistics, Employers, Educators, Professionals, Agencies, Advocates and anyone with an interest in autism. Visit: www.autismcork.ie or call 089 239 8900



Kerry Camino- St. Brendan's Way



Plans are well underway for our forthcoming Kerry Camino in May. We will begin our walk from Tralee to Camp on Friday May 22nd being ferried by bus from Camp back to Tralee to stay in the Rose Hotel that evening. Saturday 23rd we will be brought back to Camp and continue our walk to Annascaul and stay there that evening. Sunday 24th we will walk from there to Dingle where we will be given a Certificate on completion and our Camino Passports stamped . We will be picked up again in Dingle and brought back to Tralee to stay that night in the Rose Hotel. Bookings are going really well. So if you would like to join us, or for more information contact Geraldine (089 2410066 after office hours) or Charlotte 061 415374 (Office Hrs)

Lent at Glenstal Abbey

The second of six Lenten Talks takes place this Sunday at 4.30pm in the Monastery Library at Glenstal Abbey. This year's series of Lenten talks follows the Gospel readings for each Sunday of Lent. The theme for this Sunday is „Where two or three are gathered“ . All are welcome!

Theology on Tap

Young adults are invited to Theology on Tap at Bobby Byrnes on **Tuesday 10th March** beginning at 8pm. Paul César, former convict and gang member will be sharing the story of how God touched him at the moment when all seemed lost. Finger food will be provided. For more information, contact vocations@limerickdiocese.org