



## Mass Times

Monday -Friday  
7.30am, 8.30am,  
10.15am, & 4pm

SATURDAY  
8.30am, 10.15am  
3.00pm

(Mass for the Sick)  
SUNDAY  
9.00am, 11.15am  
& 7.30pm

CONFESSIONS  
MONDAY & FRIDAY  
10.45am-12 Noon  
3.00pm-4.00pm  
SATURDAY  
10.45am-12noon  
2.30pm-4pm



# St. Augustine's Church Limerick

## 7th Sunday in Ordinary Time

website: [www.augustinianslimerick.com](http://www.augustinianslimerick.com)

email: [info@augustinianslimerick.com](mailto:info@augustinianslimerick.com)

## 24th February 2019

## Power of Forgiveness

Imagine yourself in front of a mirror, reflect on the failures and sin in your life. You take as much time as you need for this. You are going to ask God's forgiveness, you are going to try to make amends wherever possible, and you want to move forward from here. Ask yourself one simple question: Can you absolve yourself before asking God to forgive you? Can you ask God to do something for you that you are unwilling to do for yourself? Guilt is not from God. Rather is it your own inability to forgive yourself. A leading psychiatrist said that he could discharge two-thirds of his patients immediately if he could get them to forgive themselves. Jesus taught us one simple prayer, which we call the Our Father or the Lord's Prayer. It is a simple prayer, and it is quite short. One of the petitions is where we ask God to forgive us our trespasses as we forgive those who trespass against us. We can rattle off this prayer, and fail to realise the bind in which it can place us.

In the Lord's Prayer, we ask God to forgive us on one condition, which is that we will forgive others in our turn. There is a proven power in forgiveness and love. "Blessed are the meek" says Jesus, "they shall possess the earth." We are impressed by the power of forgiveness shown by characters like Mahatma Ghandi, Martin Luther King, and others who somehow managed to turn the other cheek. The bully cannot deal with the power of the one who won't strike back, but often resorts to violence as the only way to silence their voice of protest. To err is human, to forgive is divine. We would aim to be big-hearted, tolerant and patient.. But the ideal Jesus sets for us is, "Be merciful, just as your heavenly Father is merciful."  
source (excerpt) [www.associationofcatholicpriests.ie](http://www.associationofcatholicpriests.ie)

## Limerick Choral Festival 1st - 3rd March

The Limerick Choral Festival are looking forward to welcoming choirs from near and far to Limerick over the first weekend of March 2019. As well as choral competitions the annual Choral Festival will be committed to welcoming non-competing choirs to participate. Other festival activities will include the involvement of both composers and organists "in residence", a major choral liturgy over the weekend and a nightly festival club to provide an appropriate opportunity for a get-together between local and visiting choirs.



This festival aims to promote the development of choral music with special emphasis on the realm of church /sacred music in the city and wider region.

The venues for the festival include the Redemptorist Church, St. Mary's Cathedral, St. Michael's Church, Denmark St. and the Sacred Heart church, the Crescent Limerick. More information on the notice board at the back of the church.

source: [www.limerick.ie](http://www.limerick.ie)

## Desert Days

You are invited .... To step aside from your ordinary life to come to one of our regular „Desert Days“

To give yourself time to get in touch with God and your deepest desires.

The day consists of quiet prayer, reflection, the opportunity for the Sacrament of Reconciliation /Blessing and concludes with the Eucharist.

Cost : €20 includes light lunch.

Saturday Mar 9th

Westbourne, Ashbourne Ave Limk

Tel Sr. Phyllis 087 9636893



## Medjugorje Irish Centre



7 nights B&B and Airport Shuttle service from Dubrovnik or Split for €279 pp sharing. Book any flight—any time and we provide guaranteed airport shuttle service. Call us for further info and book the dates that suit you. Contact Darren Tel 01-4434510 or email— [reservations@med-irishcentre.com](mailto:reservations@med-irishcentre.com)

## Panama Blog..

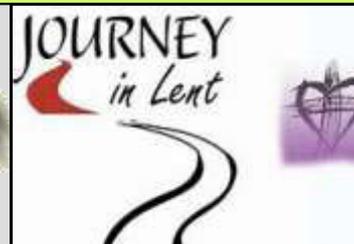
After a very stressful journey to Panama, Fr. Noel Hession is back on track writing his blog. He will be there for the next two months teaching in St Joseph's Major Seminary. For those of you who would like to read his blog you can go to.....[www.noelinpanama.blogspot.com](http://www.noelinpanama.blogspot.com)



## FAIRTRADE

The launch of the Limerick Fairtrade Fortnight takes place here in St. Augustine's beginning Tuesday 26th Feb. There will be an informative display at the back of the church and also a free raffle for a Fairtrade Hamper. In conjunction with MIC there will be a Fairtrade quiz night in South's Pub on Thursday 28th February at 8pm. All are welcome!

Ash Wednesday  
Mar 6th



**I will lift up my eyes unto the hills  
from where does my help come?  
my help comes from the Lord  
the maker of heaven and earth.  
Psalm 121**



## Sacred Space Radio 102fm

Sacred Space Radio 102fm is a weekly programme produced by 'Come and See Inspirations' in West Limerick. The programme includes inspirational music, chats, interviews, what's on locally and a reflection on the gospel reading of the day. It is presented by John Kelly, regular panellists, contributors and invited guests. Why not visit our website [sacredspaceblogspot.ie](http://sacredspaceblogspot.ie) and check it out for yourselves or join the conversation every Sunday morning at 10am and repeated at 11pm that same evening .



### **Anam Cara & Milford Care Centre Bereavement Information Evening Thursday 28th February 2019 from 7pm to 9.00pm**

Milford Care Centre and Anam Cara, the national organisation that provides support services to bereaved parents and families, are hosting a Bereavement Information Evening in Limerick. This event gives parents an opportunity to hear an experienced bereavement professional talk about the many challenges their family may face after the death of a son or daughter. Please note this event is open to all bereaved parents, regardless of the age of their child or the circumstances of their death.

If you have attended a previous Bereavement Information Evening, we would encourage you to come again because each time you will hear something that will help you along the difficult and challenging journey of grief. There will also be time after the talk to interact with other bereaved parents. Information evenings are free.

