



St. Augustine's Church Limerick

32nd Sunday in Ordinary Time

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11th November 2018

Mass Times

Monday -Friday

7.30am, 8.30am,
10.15am, & 4pm

SATURDAY

8.30am, 10.15am
3.00pm

(Mass for the Sick)

SUNDAY

9.00am, 11.15am
& 7.30pm

CONFESSIONS

MONDAY & FRIDAY

10.45am-12 Noon
3.00pm-4.00pm

SATURDAY

10.45am-12noon
2.30pm-4pm



Service of Remembrance



The University Maternity Hospital Limerick will hold its annual remembrance service at the Church of the Holy Rosary, Ennis Road, Limerick, on Sunday, November 18th at 3pm.

We invite parents who have experienced the death of their baby / pregnancy loss at any stage, together with their family, friends and hospital staff to this service.

This service is organised by the Bereavement Support Department and Midwifery staff at UMHL. We invite people to stay after the service for a chat and a cup of tea. To ensure sensitivity towards newly bereaved families, a quiet space will be available at the church for crying babies/young children.

The service is an annual event which aims to acknowledge the pregnancies that were lost and the lives of babies who have died through ectopic pregnancy, miscarriage, stillbirth and neonatal death. We welcome parents and families whose babies may have died many years ago as well as those more recently bereaved.



**The deadline for the
shoebox return is
November 19th**

Children's Grief Centre wins another Award

Mercy sister Helen Culhane was present to receive two National Lottery Good Causes Awards on behalf of the Children's Grief Centre, Limerick. The centre won the award in the youth section and the overall award, both of which were presented last Saturday 3rd November, when finalists were present at the Clayton/Burlington Hotel in Dublin for a gala awards dinner hosted by TV presenter Karen Kostner. The awards show will be broadcast in full on Virgin TV on Sunday 11th November.

"We are overjoyed to receive this reward," said Sr. Helen Culhane of the Children's Grief Centre. "Children often find it difficult to express their feelings through language so by providing them with clay and paint, sand and crayons, we allow them to choose their own form of expression. The impact of this work with children is incredible. As a result of attending the Children's Grief Centre it has been shown that children are happier, more calm, and have less feelings of anger, guilt and sadness."

Source: (Read the full story on www.catholicireland.net)

REACHOUT.COM

Mental Health Services for Young People

ReachOut.com is an online youth mental health service that provides support and information for young people on issues that may affect their mental wellbeing.

Developed by experts in the mental health field, ReachOut offers online peer support, has a blog section and recently developed an app for smart phones.

On clicking on ReachOut, a young person can access information and guidelines on issues that may affect their mental wellbeing, such as friendship, studying, socialising, alcohol and bullying.

ReachOut also provides tips on how young people can look after their mental health, such as taking regular exercise and setting goals. Source: limerick diocesan newsletter /Oct 2018

Thought for Today

In material terms what the widow had to offer was very little. Recall when you felt yourself called to give and gave even though you apparently had very little. Perhaps you have had the experience of finding that what you thought was little and insignificant meant a great deal to another person. Recall some of those moments.

The widow „gave everything she had, all she had to live on“. In doing so she placed herself in a very vulnerable position, trusting that things would work out. Have you ever found that what seemed a generous but reckless giving of yourself proved life-giving for yourself and others?

PRAYER God, our provider you are the orphan's hope and the widow's bread. Strengthen our faith, that with simplicity of heart we may come to trust in you alone and hold back nothing in serving you. www.tarsus.ie



Cosmology Seminar : 'Lifestyle and Consumerism'

Is a simple lifestyle possible in our throwaway culture? presented by Dr. Cathriona Russell in the Don Bosco Centre, Milford Limerick on Saturday 17th November at 10am. To register contact 086 3236728, or 0871337612 .



Marantha Prayer Ministry

You are invited to a healing retreat with Bishop Fintan Monahan, Killaloe Diocese and Jomon Joseph, Ennis (Voice of Peace) on Sunday 18th November With Mass, Confession, and Worship at 2.30pm in St. Paul's Church Dooradoyle.

National Collection for the World Meeting of Families 2018

Please support the Fifth National Collection for WMOF2018 which will be taken up at all Masses this Sunday. *Thank you for your generosity to date.*

Thank You

The Irish Red Cross would like to thank all those who supported their recent Church Gate collection at St. Augustine's Church, the amount received was €161.91.

The I.C.A. Limerick Branch would like to thank all those who supported their coffee day for Dóchas last Friday 2nd November.

Storytime with Caroline

Join Caroline for an hour of stories, rhymes and song at the Limerick City Library, The Granary, Michael St. on Wednesday 14th November from 11am-12pm. Suitable for 3-6yr olds. Free Admission.



Lunchtime Concert

Lunchtime concert featuring Sarah-Ellen Murphy (Mezzo Soprano) and Peter Barley (piano) on Wednesday 14th November at 1.15pm in St. Mary's Cathedral. Free Admission.

